

5TH

ANNIVERSARY of

Endocrinology, Diabetes
& Metabolism Hong Kong

EDM HK

Annual Meeting

29 – 30 October 2022

Hong Kong Convention and Exhibition Centre

HYBRID



HKU Med School of Clinical Medicine
Department of Medicine
香港大學內科學系



瑪麗醫院
QUEEN MARY HOSPITAL

K. LEUNG DIABETES CENTRE
 瑪麗醫院
Queen Mary Hospital
梁錫昭糖尿病中心



STEOPOROSIS
CENTRE 骨質疏鬆中心

Invitation from the Organizing Committee

Dear Colleagues,

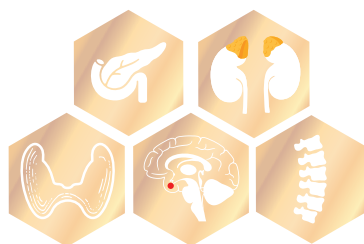
It gives us great pleasure to inform you that the 5th Annual Meeting of Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK) will be held on 29 - 30 October 2022 (Saturday and Sunday) at the Hong Kong Convention and Exhibition Centre. The Meeting is jointly organized by the Department of Medicine, The University of Hong Kong, KK Leung Diabetes Centre and Osteoporosis Centre of Queen Mary Hospital. This year, EDM HK will be organized in hybrid format again.

EDM HK is committed to provide a platform for practising clinicians to share the most updated information and knowledge on endocrine diseases, including diabetes, osteoporosis, thyroid and other metabolic disorders.

We look forward to seeing you in October!

Stay healthy and safe!

Dr. David Lui
Chairman
Organizing Committee



Organizing Committee

Chairman

Dr. David TW Lui

Members

Professor Karen SL Lam

Dr. WS Chow

Dr. TP Ip

Dr. Alan CH Lee

Dr. Johnny YC Chang

Dr. Lawrence CK Tang

Ms. Karen KC Wong

Ms. SK Leung

Ms. Tina WT Lau

Professor Kathryn CB Tan

Dr. YC Woo

Dr. Paul CH Lee

Dr. Eunice KH Leung

Dr. Chariene SL Woo

Ms. Amy SW Yee

Ms. Connie HN Loong

Ms. Michelle HY Lee



Highlights

COVID-19 and endocrinology

Diabetes and metabolism

- Novel therapeutic strategies addressing cardio-renal-metabolic aspects of type 2 diabetes
- Updates on non-alcoholic fatty liver disease

Thyroid

- Approach to thyroid nodules
- Controversies around combination T4 and T3 replacement
- New horizons in management of Graves' disease

Osteoporosis

- Atypical fractures: facts and myths
- Bone fragility in diabetes
- Long-term management of osteoporosis

Electrolyte disturbances

- Best practices for management of hyponatraemia and SIADH
- Practical approach to calcium disorders

Hot topics on lipid, pituitary, adrenal and ovarian disorders

EDM HK Cases of the Year

Programme: 29 Oct 2022 (Sat)

Time	Session								
10:00 – 11:45	Public Lectures Public Lecture (1): Optimal diet for musculoskeletal health 講座(一)：強筋健骨，飲食有方 Dr. Chris Chan and Ms. Carman Wong								
	Public Lecture (2): Updates on glucose monitoring 講座(二)：監測血糖全攻略 Ms. Michelle Lee and Ms. Karen Wong								
	Public Lecture (3): Anti-diabetic agents – the good and the bad 講座(三)：尋「藥」記 Dr. CH Choi and Dr. Jason Ng								
13:00 – 13:45	Sponsored Lecture (1) The importance of sequencing therapy after osteo-anabolic agents Professor Michael McClung								
13:45 – 13:55	Opening Ceremony								
13:55 – 14:45	Sponsored Lecture (2) A roadmap for optimizing the care and outcomes of diabetes patient with kidney disease Professor Peter Rossing								
14:45 – 16:00	<table border="1"><thead><tr><th>Symposium (1A)</th><th>Symposium (1B)</th></tr></thead><tbody><tr><td>Approach to thyroid nodules Dr. Matrix Fung</td><td>Classification of PitNET: updates in 2022 Dr. Chariene Woo</td></tr><tr><td>Non-alcoholic fatty liver disease Dr. CH Lee</td><td>Congenital adrenal hyperplasia: management and transition to adulthood Dr. Gloria Pang</td></tr><tr><td>The tales of atypical fractures Dr. YC Woo</td><td>Updates on the management of PCOS Dr. Raymond Li</td></tr></tbody></table>	Symposium (1A)	Symposium (1B)	Approach to thyroid nodules Dr. Matrix Fung	Classification of PitNET: updates in 2022 Dr. Chariene Woo	Non-alcoholic fatty liver disease Dr. CH Lee	Congenital adrenal hyperplasia: management and transition to adulthood Dr. Gloria Pang	The tales of atypical fractures Dr. YC Woo	Updates on the management of PCOS Dr. Raymond Li
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The tales of atypical fractures Dr. YC Woo	Updates on the management of PCOS Dr. Raymond Li								
16:00 – 16:30	Break								
16:30 – 17:15	Sponsored Lecture (3) Considerations when choosing between type 2 diabetes therapy: the role of once-weekly GLP-1 RA Professor Michael Cummings								
17:15 – 17:55	Sponsored Lecture (4) Managing familial hypercholesterolemia: achieving optimal treatment targets Professor Frederick Raal								

Programme: 30 Oct 2022 (Sun)

Time	Session						
09:00 – 09:40	Plenary Lecture (1) Advances in the management of Graves' disease Professor Marius Stan						
09:40 – 10:25	Sponsored Lecture (5) The cardiorenal side of SGLT2 inhibitors: exploring advances from T2DM to heart failure Professor Jennifer Green (USA)						
10:25 – 10:55	Break						
10:55 – 11:45	<table border="1"><thead><tr><th>Symposium (2A)</th><th>Symposium (2B)</th></tr></thead><tbody><tr><td>COVID-19 and diabetes Dr. Andrea Luk</td><td>Calcium: when it gets too high and too low Dr. Joanne Lam</td></tr><tr><td>COVID-19 and thyroid Dr. David Lui</td><td>Role of combination T4 and T3 replacement in the management of hypothyroid patients Dr. Alan Lee</td></tr></tbody></table>	Symposium (2A)	Symposium (2B)	COVID-19 and diabetes Dr. Andrea Luk	Calcium: when it gets too high and too low Dr. Joanne Lam	COVID-19 and thyroid Dr. David Lui	Role of combination T4 and T3 replacement in the management of hypothyroid patients Dr. Alan Lee
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COVID-19 and thyroid Dr. David Lui	Role of combination T4 and T3 replacement in the management of hypothyroid patients Dr. Alan Lee						
11:45 – 12:30	Sponsored Lecture (6) Best practices for management of hyponatremia and SIADH Professor Joseph Verbalis						
12:30 – 13:30	Lunch Break						
13:30 – 14:15	Sponsored Lecture (7) Use of oral GLP-1 RA in diabetes management Professor David Matthews						
14:15 – 14:55	Sponsored Lecture (8) Advancing therapy using fixed-ratio combination of basal insulin and GLP-1 RA in suboptimally controlled basal insulin-treated type 2 diabetes Dr. Ingrid Mak						
14:55 – 15:25	Break						
15:25 – 16:10	Sponsored Lecture (9) New approaches to delay CKD progression in diabetes: battling inflammation and fibrosis Professor Per-Henrik Groop						
16:10 – 16:50	Plenary Lecture (2) Bone fragility in diabetes Professor Serge Ferrari						
16:50 – 17:40	Symposium (3) EDM HK Cases of the Year Dr. David Lui						
17:40 – 17:50	Closing Remarks						

For more information, please visit our website or scan the QR code:
<https://medic.hku.hk/en/Knowledge-Exchange/EDM-HK>



Registration Form



You are encouraged to register online.

Go to our website <https://medic.hku.hk/en/Knowledge-Exchange/EDM-HK> or scan the QR code for further information.

Title: Prof. Dr. Mr. Ms. Mrs. (please ✓ as appropriate)

Profession: Doctor Nurse Allied Health: _____ Others: _____

Last Name: _____ **First Name:** _____

Job Title: _____

Department: _____

Institution: _____

Mailing Address: _____

Mobile Number: _____ **Email:** _____

CME/CNE Accreditations: (please ✓ as appropriate)

- | | |
|---|---|
| <input type="checkbox"/> Hong Kong College of Community Medicine | <input type="checkbox"/> The Hong Kong College of Family Physicians
(HKCFP No.: _____) |
| <input type="checkbox"/> The Hong Kong College of Obstetricians and Gynaecologists | <input type="checkbox"/> The College of Ophthalmologists of Hong Kong |
| <input type="checkbox"/> Hong Kong College of Orthopaedic Surgeons | <input type="checkbox"/> Hong Kong College of Paediatricians |
| <input type="checkbox"/> The Hong Kong College of Pathologists | <input type="checkbox"/> Hong Kong College of Physicians |
| <input type="checkbox"/> Hong Kong College of Radiologists | <input type="checkbox"/> The College of Surgeons of Hong Kong |
| <input type="checkbox"/> MCHK Programme (MCHK Reg. No.: _____)
(for non-specialist) (HKMA Member No.: _____) (HKDU Member No.: _____)
(HKAM: Y / N) (DH: Y / N) | |
| <input type="checkbox"/> CNE (HA Hong Kong West Cluster)
(HA Employee ID No.: _____ & CORP No.: _____) | <input type="checkbox"/> Not applicable |

Attendance Preferences:

If you wish to attend physically, please ✓ as appropriate. We will update you the availabilities at a later stage.

29 Oct (Sat) 30 Oct (Sun)

Registration Fee:

Early Bird Rate Doctor HK\$1,400 | Nurse / Allied Health Professional / Others HK\$700
(Until 20 Sep)

Regular Rate Doctor HK\$1,800 | Nurse / Allied Health Professional / Others HK\$900
(21 Sep – 15 Oct)

* All registration fees paid are non-refundable.

* Registration will be closed on 15 Oct 2022.

Please complete this form and return it with a crossed cheque of appropriate fee made payable to "The University of Hong Kong" to the Meeting Secretariat:

EDM HK 2022 Meeting Secretariat: MIMS (Hong Kong) Ltd.

37/F., Citicorp Centre, 18 Whitfield Road, Causeway Bay, Hong Kong

Meeting Information



Date

29 – 30 Oct 2022 (Sat – Sun)

Venue

S221, Level 2, Phase 1 (Old Wing), Hong Kong Convention and Exhibition Centre
1 Expo Drive, Wan Chai, Hong Kong

Format

EDM HK 2022 will be a hybrid meeting.

If you wish to attend physically, please tick on the appropriate boxes on the registration form. We shall update you the availabilities at a later stage.

Who Should Attend

All local and overseas general practitioners, specialists, nurses and healthcare providers with active involvement in the management of endocrine disorders are welcome.

Accreditations

Applications of CME and CNE accreditations for local delegates are in progress.

Registration Fee

Category	Doctor	Nurse / Allied Health Professional / Others
<u>Early Bird Rate</u> (Until 20 Sep)	HK\$1,400	HK\$700
<u>Regular Rate</u> (21 Sep – 15 Oct)	HK\$1,800	HK\$900

Enquiry

EDM HK 2022 Meeting Secretariat: MIMS (Hong Kong) Limited
37/F., Citicorp Centre, 18 Whitfield Road, Causeway Bay, Hong Kong
T: (852) 2155 8557 F: (852) 2559 6910 E: meeting.hk@mims.com

We accept paper and online registrations.

However, you are encouraged to register online. For more information, please visit our website: <https://medic.hku.hk/en/Knowledge-Exchange/EDM-HK> or scan the QR code

Confirmation email will be sent to you upon successful registration.

