

# 8<sup>th</sup> ANNUAL MEETING EDM HK

ENDOCRINOLOGY, DIABETES & METABOLISM HONG KONG  
25 – 26 OCTOBER 2025 (SAT - SUN)

**EXPANDING THE ENDO-VERSE**



**HKU  
Med**

School of Clinical Medicine  
Department of Medicine  
香港大學內科學系



瑪麗醫院  
QUEEN MARY HOSPITAL



瑪麗醫院  
Queen Mary Hospital  
梁錫珪糖尿病中心



**STEOPOROSIS  
CENTRE** 骨質疏鬆中心



# Invitation from the Organizing Committee

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On behalf of the Organizing Committee, it is our pleasure to announce that the 8<sup>th</sup> Annual Meeting of Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK) will be held on 25 - 26 October 2025 (Saturday and Sunday) at the Hong Kong Convention and Exhibition Centre. The meeting is jointly organized by the Department of Medicine, The University of Hong Kong, KK Leung Diabetes Centre and Osteoporosis Centre of Queen Mary Hospital.

**"Expanding the Endo-Verse"** is the theme of this year's meeting. We will feature keynote lectures on insulin pump and its related technology as well as management of adrenal incidentaloma including mild autonomous cortisol secretion.

EDM HK 2025 is committed to provide a premier platform for practicing clinicians to exchange the latest information and knowledge on various endocrine diseases, including diabetes, obesity, osteoporosis, thyroid disorders, and other metabolic conditions.

We look forward to expanding your Endo-Verse and welcoming you in October!



**Dr. Eunice KH Leung**

Chairperson

Organizing Committee

8<sup>th</sup> Annual Meeting of Endocrinology

Diabetes & Metabolism Hong Kong (EDM HK)



**Dr. Chariene SL Woo**

Chairperson

Organizing Committee

8<sup>th</sup> Annual Meeting of Endocrinology

Diabetes & Metabolism Hong Kong (EDM HK)



# Organizing Committee

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## Chairpersons

Dr. Eunice KH Leung

Dr. Chariene SL Woo

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## Conference coordinators

Ms. Tina WT Lau

Ms. Connie HN Loong

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## Members

Prof. Karen SL Lam

Prof. Kathryn CB Tan

Dr. WS Chow

Dr. YC Woo

Prof. Paul CH Lee

Dr. Alan CH Lee

Prof. David TW Lui

Dr. Johnny YC Chang

Dr. Lawrence CK Tang

Dr. Ivan KM Ma

Ms. Karen KC Wong

Ms. SK Leung

Ms. Michelle HY Lee

Ms. Karen WY Lau

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# Programme Highlights

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## Plenary Lectures by International Experts from Overseas

- Integrating the Avalanche of Diabetes Technologies into Clinical Practice
- Insights on Management of Adrenal Incidentaloma and Mild Autonomous Cortisol Secretion

## Case Discussions with Our Overseas Experts in the “Meet the Professor” Session

## Exciting Lectures by Local and Overseas Experts in Various Fields

- Updates on the Management of Cardiovascular-Kidney-Metabolic Syndrome
- The Role of NT-proBNP in Asian Experience: Heart Failure Management and Risk Stratification Tool
- Updates in Exercise and Nutritional Research in Metabolic Health
- Updates in Obesity Management in 2025
- Treatment of Hyponatremia
- Metabolic Disease Symposium: Multi-Disciplinary Management on X-Linked Hypophosphatemia with Pediatrician, Adult Endocrinologist and Orthopedic Surgeon
- Management of Endocrine Emergencies: Thyroid Emergencies, Adrenal Crisis
- Advances in Management of Lipid Disorders and Emerging Therapies
- Challenges and Insights into the Management of Statin Intolerance
- What Physicians Should Know about Immune Related Adverse Events in 2025



# Meeting Information

## Date

25 – 26 October 2025  
(Saturday – Sunday)

## Venue

S221, Level 2, Phase 1 (Old Wing),  
Hong Kong Convention and Exhibition Centre  
1 Expo Drive, Wan Chai, Hong Kong

## Format

EDM HK 2025 will be a full physical meeting.

## Who Should Attend

All local and overseas general practitioners, specialists, nurses and healthcare providers with active involvement in the management of endocrine disorders are welcome.

## Accreditations

Applications of CME and CNE accreditations for local delegates are in progress.

## Registration Fee

Category	Doctor	Nurse / Allied Health Professional / Others
<b>Early Bird Rate</b> (Until 15 Sep)	<b>HK\$1,600</b>	<b>HK\$800</b>
<b>Regular Rate</b> (16 Sep – 15 Oct)	<b>HK\$2,000</b>	<b>HK\$1,000</b>

## Enquiry

### EDM HK 2025 Meeting Secretariat

Unit 2606 - 2609, 26/F., AIA Tower, 183 Electric Road, North Point, Hong Kong

**T:** (852) 2155 8557 **F:** (852) 2559 6910 **E:** [meeting.hk@mims.com](mailto:meeting.hk@mims.com)

We accept paper and online registrations.

However, you are encouraged to register online.

For more information, please go to our website:

<https://edmhk.hku.hk/> or **Scan the QR code**

Confirmation email will be sent to you upon successful registration





# Registration Form

**You are encouraged to register online.**

Go to our website

<https://edmhk.hku.hk/> or **Scan the QR code**

for further information.



**Title:** ☐ Prof. ☐ Dr. ☐ Ms. ☐ Mrs. (please ✓ as appropriate)

**Profession:** ☐ Doctor ☐ Nurse ☐ Allied Health: \_\_\_\_\_ ☐ Others: \_\_\_\_\_

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Job Title:** \_\_\_\_\_

**Department:** \_\_\_\_\_

**Institution** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Mobile Number:** \_\_\_\_\_ **Email:** \_\_\_\_\_

## Registration Fee\*:

**Early Bird Rate** ☐ Doctor **HK\$1,600** ☐ Nurse / Allied Health Professional / Others **HK\$800**  
(Until 15 Sep)

**Regular Rate** ☐ Doctor **HK\$2,000** ☐ Nurse / Allied Health Professional / Others **HK\$1000**  
(16 Sep - 15 Oct)

\* All registration fees paid are non-refundable.

\* Registration will be closed on 15 Oct 2025.

Please complete this form and return it with a crossed cheque of appropriate fee to the Meeting Secretariat. The cheque should be made payable to "The University of Hong Kong".

## EDM HK 2025 Meeting Secretariat

Unit 2606 - 2609, 26/F., AIA Tower, 183 Electric Road, North Point, Hong Kong

**T:** (852) 2155 8557 **F:** (852) 2559 6910 **E:** [meeting.hk@mims.com](mailto:meeting.hk@mims.com)