

8th Annual Meeting of Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK 2025)
25 – 26 October 2025
Programme

25 October 2025 (Saturday)

Time	Room S221	
13:00 – 13:30	Lecture (1) Chairperson: Dr. Winston FUNG	
13:00 – 13:25	From Prevention to Precision: The Role of Early Intervention in Diabetic Kidney Disease Prof. Paola FIORETTO (Italy)	
13:25 – 13:30	Q&A	
13:30 – 13:40	Opening Ceremony	
13:40 – 14:20	Plenary Lecture (1) Chairperson: Prof. Karen LAM	
13:40 – 14:15	Integrating the Avalanche of Diabetes Technologies into Clinical Practice Prof. Margaret MCGILL (Australia)	
14:15 – 14:20	Q&A	
Time	Room S221	Room S226 – S227
14:20 – 15:25	Symposium (1A) Chairperson: Prof. Paul LEE and Dr. Maria MAK	Symposium (1B) Chairperson: Dr. Gloria PANG and Dr. Janus WONG
14:20 – 14:40	Updates on the Therapeutic Effects of Exercise on Managing Obesity and Metabolic Syndrome Prof. Parco SIU (Hong Kong)	Management of X- linked Hypophosphatemia - Perspective from a Pediatric Endocrinologist Dr. Yuet-ling TUNG (Hong Kong)
14:40 – 14:45		Management of X- linked Hypophosphatemia - From An Endocrinologist's Perspective Dr. Risa OZAKI (Hong Kong)
14:45 – 15:00	Fasting and Metabolic Health – What Do We Know and How Does It Work? Prof. Chi-bun CHAN (Hong Kong)	Management of X- linked Hypophosphatemia - Perspective from an Orthopedic Surgeon Dr. Evelyn KUONG (Hong Kong)
15:00 – 15:10		
15:10 – 15:20	Q&A	
15:20 – 15:25		Q&A
15:20 – 15:45	Coffee Break	
Time	Room S221	
15:45 – 16:20	Lecture (2) Chairperson: Dr. Doris CHAN	
15:45 – 16:15	Early Initiation of SGLT2i for Cardiorenal Protection Prof. Cheuk-chun SZETO (Hong Kong)	
16:15 – 16:20	Q&A	
16:20 – 16:50	Lecture (3) Chairperson: Dr. Katherine FAN	
16:20 – 16:45	Taking Diabetes to Heart: Value of NT-proBNP in CV Risk Assessment for Diabetes Patients in Asian Populations Dr. Yong-mong BEE (Singapore)	
16:45 – 16:50	Q&A	
16:50 – 17:20	Meet the Professor Moderators: Dr. Chariene WOO and Ms. Tina LAU	
16:50 – 17:15	Tips and Troubleshooting for Pumps and CGMs: What Doctors and Nurses Should Know Prof. Margaret MCGILL (Australia)	
17:15 – 17:20	Q&A	

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26 October 2025 (Sunday)

Time	Room S221	
09:30 – 10:00	Lecture (4) Chairperson: Dr. Ka-kui LEE	
09:30 – 09:55	Second Generation Basal Insulin – Towards A Brighter Future! Prof. Paul LEE (Hong Kong)	
09:55 – 10:00	Q&A	
10:00 – 10:25	Coffee Break	
Time	Room S221	Room S226 – S227
10:25 – 11:25	Symposium (2A) Chairperson: Dr. Annette TSO and Dr. Tin-wai WONG	Symposium (2B) Chairperson: Dr. Benjamin AU YEUNG and Dr. Johnny CHANG
10:25 – 10:50	Adrenal Insufficiency: Revisiting the Silent Crisis Dr. Ingrid MAK (Hong Kong)	Statin Intolerance Prof. David SIU (Hong Kong)
10:50 – 11:15	Thyroid Emergency Dr. Alan LEE (Hong Kong)	Immune Checkpoint Inhibitor-related Endocrinopathies - Updates in 2025 Prof. David LUI (Hong Kong)
11:15 – 11:25	Q&A	Q&A
Time	Room S221	
11:25 – 12:05	Plenary Lecture (2) Chairperson: Prof. Kathryn TAN	
11:25 – 12:00	Approach to Patients with Mild Autonomous Cortisol Secretion Prof. Irina BANCOS (USA)	
12:00 – 12:05	Q&A	
12:05 – 13:05	Lunch Symposium Chairperson: Dr. Yu-cho WOO	
12:25 – 13:00	Extended Clinical Insights on SGLT2 Inhibitors: Advancements in Cardiovascular-Kidney-Metabolic Management Dr. Alice CHENG (Canada)	
13:00 – 13:05	Q&A	
13:05 – 13:40	Lecture (5) Chairperson: Dr. John MA	
13:05 – 13:35	A New Era in CKM Care: Harnessing GLP-1 Receptor Agonists for Comprehensive Health Outcomes Prof. Johannes MANN (Germany)	
13:35 – 13:40	Q&A	
13:40 – 14:15	Lecture (6) Chairperson: Dr. Tellus NG	
13:40 – 14:10	Transforming Health Beyond the Weight: Evidence-Based Benefits of GLP-1 Receptor Agonists in Holistic Obesity Management Prof. Gregory FULCHER (Australia)	
14:10 – 14:15	Q&A	

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14:15 – 14:45	Lecture (7) Chairperson: Dr. Chun-yip YEUNG
14:15 – 14:40	Dilution Dilemma: Tackling SIAD-Related Hyponatremia Dr. Yu-cho WOO (Hong Kong)
14:40 – 14:45	Q&A
14:45 – 15:10	Coffee Break
15:10 – 15:40	Lecture (8) Chairperson: Dr. Joanne LAM
15:10 – 15:35	Advances in LDL-C Management: Insights from European Registries Prof. Ioanna GOUNI-BERTHOLD (Germany)
15:35 – 15:40	Q&A
15:40 – 16:10	Lecture (9) Chairperson: Dr. Michele YUEN
15:40 – 16:05	Redefining Obesity Beyond BMI and Elevating the Treatment of Obesity Prof. Samantha HOCKING (Australia)
16:05 – 16:10	Q&A
16:10 – 16:40	Meet the Professor Moderators: Dr. Alan LEE and Dr. Eunice LEUNG
16:10 – 16:35	Navigating the Adrenal Maze: Three Challenging Cases in Diagnosis and Management Prof. Irina BANCOS (USA)
16:35 – 16:40	Q&A
16:40 – 16:45	Closing Remarks